

Birria Burrito- Integrated x Basic x Don Pancho x Daisy

General Information

Recipe # 2182172	Category Lunch Entree	Source Local
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Ingredients

Name	Quantity	Quantity + 2
Integrated Fully Cooked Beef Birria – 8/5#	1 mma	
Tortilla, Flour and Corn, 10", 2WG, 144/62g, 19.8#, Don Pancho, 79341.02205	1 tortilla	
Beans, Refried, Pinto, Whole, 6/29.77oz, 11.16#, Santiago, 67245	½ c. prepared	
Sour Cream, Packet, 100/1oz, 6.25#, Daisy, IDP100	1 each	

Preparation Instructions

Birria Preparation-

Thawing Instructions: For best results, thaw in the refrigerator at least 48 hours for single bag units, or up to 72 hours for multiple bag units in a box. DO NOT thaw at room temperature.

Method 1 – Boil-in-Bag

Place frozen or thawed bag(s) of product into a large pot and add enough water to fully cover the bag(s). Bring to a boil on high heat, then reduce to medium-high heat. Heat until internal temperature reaches 165°F, as measured by an instant read thermometer.

Remove from water. Cut open bag and pour package contents into desired serving pan and serve.

Method 2 – Foodservice Compartment Steamer or Combi Oven (Steam Mode)

Place frozen or thawed bag of product into a steam pan and place in steamer. Steam until internal temperature reaches 165°F, as measured by a meat thermometer. Remove from steamer. Cut open bag and pour package contents into desired serving pan and serve.

Beans Preparation-

Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve.

Compose Burrito-

1. Lay out tortillas
2. Spread 1/2 cup (#8 scoop) of refried beans on each



Birria Burrito

Serving Size	Yield
1 serving	1.00

Nutrition Facts

Serving Size 1 serving (175 gm)

Amount Per Serving		
Calories		434.185
		% Daily Value*
Total Fat	14.482 gm	22.279%
Saturated Fat	7.278 gm	36.389%
Trans Fat	0.000 gm	
Cholesterol	23.978 mg	7.993%
Sodium	917.327 mg	38.222%
Total Carbohydrate	58.571 gm	19.524%
Dietary Fiber	13.418 gm	53.673%
Total Sugars	1.869 gm	
Includes 0.694 gm of Added Sugars		
Protein	15.625 gm	31.249%
Vitamin A	0.039*	0.004%
Vitamin C	0.002*	0.003%
Vitamin D	0.006	0.031%
Calcium	157.227	15.723%
Iron	4.008	22.269%
Potassium	769.357	16.369%
Saturated Fat % of Calories		15.086 %
Added Sugar % of Calories		0.640 %

* Indicates missing Nutrient Information.

^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

Meal Components

Component	Measurement
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- 3. Place 1.25 oz of beef birria on each
- 4. Serve with 1oz of sour cream packet

Meat/Meat Alternates	2 oz
Whole Grain-Rich	2 oz

Dates

Last Updated	Created
09-23-2026	07-29-2026

Allergens

Milk
Wheat

Added Sugar Limitations

Not applicable.

Vendors

Basic American Foods 
Daisy Brand 
Don Pancho 